

A Major Academic Plan (MAP) illustrates one efficient path toward completing a degree and includes only required courses and credits. A list of Major, General Education, and Elective credits, as well as a summary of required credit categories, are shown on page two. **Individual MAP customization by each student is expected.**

Catalog Year 2017-2018

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Massage Therapy - AAS | Credit Hours | Min. Grade | \*Attribute | \*\*When Offered | Pre & Co-requisites |
| Pre-requisite Semester  |
| HO 0106: Medical Terminology | 2 | C- |  |  |  |
| HO 0111: Intro. To Anatomy and Physiology | 4 | C- |  |  | HO 0106 |
| MSTH 0100: Massage Therapy Career Exploration | 2 | C- |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  Total | 8 |  |  |  |  |
| Semester One (Fall) |
| MSTH 0104: Intro. To Kinesiology | 3 | C- |  | F |  |
| MSTH 0105: Principles of Therapeutic Massage | 2 | C- |  | F |  |
| MSTH 0107: Professional Massage Techniques | 6 | C- |  | F |  |
| MSTH 0121A: Massage Therapy Lab 1 | 1 | C- |  | F |  |
| MSTH 0170: Spa Techniques | 2 | C- |  | F |  |
| MSTH 0210: Business Skills for Massage | 2 | C- |  | F |  |
|  Total | 16 |  |  |  |  |
| Semester Three |
| HO 0208: Intro. To Pathology | 3 | C- |  | S | HO 0111 |
| MSTH 0121B: Massage Therapy Lab II | 3 | C- |  | S |  |
| MSTH 0140: Clinical Techniques and Assessment | 4 | C- |  | S |  |
| MSTH 0160: Advanced Therapeutic Massage Tech. |  4 | C- |  | S |  |
| MSTH 0203: Asian Bodywork Theory and Techniques | 2 | C- |  | S |  |
| MSTH 0205: Case Report Research Project | 2 | C- |  | S |  |
|  Total |  18 |  |  |  |  |
| Semester Four |
| GE Objective 1: ENGL 1101 English Composition | 3 |  | GE |  |  |
| GE Objective 2: COMM 1101 Principles of Speech | 3 |  | GE |  |  |
| GE Objective 3: Math | 3 |  | GE |  |  |
| GE Objective 6: PSYC 1101, SOC 1101, SOC 1102, or TGE 0153 | 3 |  | GE |  |  |
| Elective GE Course: Any Objective not Previously Applied | 3 |  | GE |  |  |
| Choose 1: BT 0120, BT 0144, BT 0170, BT 0171, or HO 0107 | 3 | C- |  |  |  |
|  Total | 18 |  |  |  |  |
| \*Key for Attribute: U=Upper division GE=General Education Objective \*\*Key for When Offered: F=Fall S=Spring Su=Summer D=contact department (more…) |

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| **2017-2018 Major Requirements** | **CR** | **2017-2018 GENERAL EDUCATION OBJECTIVES****Satisfy Objectives 1,2,3,4,5,6 (7 or 8) and 9** | **15 cr. min** |
| **MAJOR REQUIREMENTS** |  | 1. Written English (6 cr. min) ENGL 1101 | 3 |
| HO 0106: Medical Terminology | 2 | 2. Spoken English (3 cr. min) COMM 1101 | 3 |
| HO 0111: Intro. To Anatomy and Physiology | 4 | 3. Mathematics (3 cr. min)  | 3 |
| MSTH 0100: Massage Therapy Career Exploration | 2 | 6. Behavioral and Social Science: SOC 1101, SOC 1102, PSYC 1101, or TGE 0153 | 3 |
| MSTH 0104: Intro. To Kinesiology | 3 |  |
| MSTH 0105: Principles of Therapeutic Massage | 2 | Any GE course from an objective not previously applied | 3 |
| MSTH 0107: Professional Massage Techniques | 6 |  |  |
| MSTH 0121A: Massage Therapy Lab 1 | 1 |  |
| MSTH 0170: Spa Techniques | 2 |  |  |
| MSTH 0210: Business Skills for Massage | 2 |  |  |
| HO 0208: Intro. To Pathology | 3 |  |  |
| MSTH 0121B: Massage Therapy Lab II | 3 |  |
| MSTH 0140: Clinical Techniques and Assessment | 4 |  |  |
| MSTH 0160: Advanced Therapeutic Massage Tech. | 4 |  |  |
| MSTH 0203: Asian Bodywork Theory and Techniques | 2 |  |
| MSTH 0205: Case Report Research Project | 2 |  |  |
| Choose 1: BT 0120, BT 0144, BT 0170, BT 0171, or HO 0107 | 3 |  |
|  |  |  **Total GE**  | **15** |
|  |  | GE Objectives Courses:(University Catalog 2017-2018) |
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|  |  |  |  |
|  |  | **MAP Credit Summary** | **CR** |
|  |  | Major  | 45 |
|  |  | General Education  | 15 |
|  |  |  TOTAL | 60 |
|  |  |  |  |
| **Total** | **45** |  |  |
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| **Advising Notes** |  |  |
|  |  |  |
|  | **Graduation Requirement Minimum Credit Checklist** | **YES** | NO |
|  | Min. of 15 cr. General Education Objectives |  |  |
|  | Min. of 60 cr.  |  |  |
|  |  |  |  |