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| **Catalog Year 2020-2021**Academic Certificate, Community Health Worker | ***(For internal use only)***[ ]  *No change*[ ]  *UCC proposal* |

 

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| **Course Subject and Title** | **Cr.**  | **Min.** **Grade** | **\*GE,** **UU or UM** | **\*\*Sem. Offered** | **Prerequisite** | **Co Requisite** |
| Semester One |
| CPH 1100 Foundations for Community Health Workers | 3 |  |  | F, S |  |  |
| HE 2201 Issues in Health and Wellness | 1 |  |  | F, S |  |  |
|  Total | 4 |  |  |  |  |  |
| Semester Two |
| Choose up to 2 credit hours from Health and Wellness – Beyond the Basics courses | 2 |  |  | F, S, Su |  |  |
|  Total | 2 |  |  |  |  |  |
| Semester Three |
| Choose up to 3 credit hours from Promoting Healthy Behaviors courses  | 3 |  |  | F, S, Su |  |  |
|  Total  | 3 |  |  |  |  |  |
| \*See Course Schedule section of Course Policies page in the e-catalog (or input F, S, Su, etc.) |

A Major Academic Plan (MAP) illustrates one way to complete a degree in a recommended number of semesters. Below is an example of an efficient and recommended plan, but actual plans will vary by individual student needs. Program requirements are based on Catalog Year. See page two for a detailed summary of Major, General Education, Elective, and university requirements.

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| **2020-2021 Major Requirements** | **CR** | **2019-2020 GENERAL EDUCATION OBJECTIVES****Satisfy Objectives 1,2,3,4,5,6 (7 or 8) and 9** | **36 cr. min** |
| **MAJOR REQUIREMENTS** |  |  |  |
| CPH 1100 Foundations for Community Health Workers | 3 |  |
| HE 2201 Issues in Health and Wellness | 1 |  |  |
| Choose up to 2 credit hours from Health and Wellness – Beyond the Basics courses |  |  |  |
| HE 1190 Alcohol and Drug Awareness | 1 |  |  |
| HE 2200 Promoting Wellness | 3 |  |
| HE 2210 Medical Terminology and Communication | 2 |  |  |
| HE 2290 Alcohol and Drug Awareness | 1 |  |  |
| HE 3342 Stress & Emotional Health | 3 |  |
| NTD 2239 Nutrition | 3 |  |  |
| PSCI 2205 Drugs in Society | 2 |  |
| Choose up to 3 credit hours from Promoting Healthy Behaviors courses |  |  |
| HE 2232 Helping Theories | 3 |  |  |
| COUN 3300 Interpersonal Skills in Health Professions | 2 |  |
| COUN 3350 Self-Fulfilling Behavior | 1 |  |  |
| HE 4401 Issues in Health and Wellness: (Motivational Interviewing) | 3 |  |  |
| HE 4401 Issues in Health and Wellness: (Foundations of Health and Wellness Coaching) | 3 | GE Objectives Courses: *(Link to GE courses here)* |
|  |  |
|  |  |  |  |
|  |  | **MAP Credit Summary** | **CR** |
|  |  | Major  | 9 |
|  |  | Prerequisites |  |
|  |  | General Education  |  |
|  |  | Free Electives to reach 120 credits |  |
|  |  |  TOTAL | 9 |
|  |  |  |
|  |  |
|  |  | **Graduation Requirement Minimum Credit Checklist** | **Confirmed** |
|  |  | Minimum 36 cr. General Education Objectives (15 cr. AAS) |  |
|  |  | Minimum 16 cr. Upper Division in Major (0 cr. Associate) |  |  |
|  |  | Minimum 36 cr. Upper Division Overall (0 cr. Associate) |  |  |
|  |  | Minimum of 120 cr. Total (60 cr. Associate) |  |  |
|  |  |  |  |
| **Advising Notes** | ***MAP Completion Status (for internal use only)*** |
|  |  | *Date* |
|   | *Department:*  |  |
|  | *CAA or COT:* | 3.4.2020jh |
|  |  |  |
|  | **Complete College American Momentum Year****Math and English course in first year-Specific GE MATH course identified****9 credits in the Major area in first year****15 credits each semester (or 30 in academic year)****Milestone courses** |
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