

Catalog Year 2017-2018

B.S. or B.A. Health Education

Community/Worksite Emphasis

A Major Academic Plan (MAP) illustrates one way to complete a degree in a recommended number of semesters. Below is an example of an efficient and recommended plan, but actual plans will vary by individual student needs. Program requirements are based on Catalog Year. See page two for a detailed summary of Major, General Education, Elective, and university requirements.

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| --- | --- | --- | --- | --- | --- | --- |
| **Course Subject and Title** | **Cr.**  | **Min.** **Grade** | **\*GE,** **UU or UM** | **\*\*Sem. Offered** | **Prerequisite** | **Co Requisite** |
| Semester One |
| GE Objective 1: ENGL 1101 English Composition | 3 | C- | GE |  | Appropriate placement score |  |
| GE Objective 3: MATH 1153 Introduction to Statistics | 3 |  | GE |  | MATH 1108 or equivalent |  |
| GE Objective 5: BIOL 1101 and 1101L Biology I | 4 |  | GE |  | MATH 1108 | MATH 1108 |
| HE 2200 Promoting Wellness | 3 |  |  | F,S,Su |  |  |
| HE 2210 Medical Terminology and Communication | 2  |  |  | F,S |  |  |
|  Total | 15 |  |  |  |  |  |
| Semester Two |
| GE Objective 1: ENGL 1102 Critical Reading and Writing | 3 | C- | GE |  | ENGL 1101 or equivalent |  |
| HE 2221 Introduction to Health Education | 3 |  |  | F,S |  |  |
| GE Objective 8: INFO 1101 Digital Information Literacy | 3 |  | GE | F,S |  |  |
| GE Objective 6: ECON 2202 Principles of Microeconomics | 3 |  | GE | F,S,Su |  |  |
| GE Objective 6: PSYC 1101 Introduction to General Psychology | 3 |  | GE | F,S |  |  |
|  Total |  |  |  |  |  |  |
| Semester Three |
| GE Objective 2: COMM 1101 Principles of Speech | 3 |  | GE | F,S |  |  |
| GE Objective 5:  | 3 |  | GE |  |  |  |
| GE Objective 4:  | 3 |  | GE |  |  |  |
| HE Elective | 3` |  |  |  |  |  |
| Free Electives | 3 |  |  |  |  |  |
|  Total | 15 |  |  |  |  |  |
| Semester Four |  |  |  |  |  |  |
| Either NTD 1139 Consumer Nutrition |  |  |  |  |  |  |
| Or NTD 2239 Nutrition | 3 |  |  | F,S | CHEM 1101 (CHEM 1102 recommended) |  |
| HE 3340 and 3340L Fitness and Wellness Programs and Lab | 3 |  | UM |  | HE 2200 and 2221  |  |
| GE Objective 4:  | 3 |  |  |  |  |  |
| GE Objective 9:  | 3 |  |  |  |  |  |
| Free Electives | 3 |  |  |  |  |  |
|  Total | 15 |  |  |  |  |  |
| Semester Five |  |  |  |  |  |  |
| ENGL 3307 Professional and Technical Writing | 3 |  | UM | F,S | 45 credits and ENGL 1102 |  |
| HE 3342 Stress and Emotional Health | 3 |  | UM | F |  |  |
| HE 3383 Epidemiology | 3 |  | UM | F | MATH 1153 or MGT 2216 |  |
| HE 4410 Health Behavior Change Theory and Application | 3 |  | UM | F,D | HE major, Junior standing, HE2200, 2221 |  |
| HE Elective` | 3 |  |  |  |  |  |
|  Total |  |  |  |  |  |  |
| Semester Six |  |  |  |  |  |  |
| HE 4432 Community and Public Health | 3 |  | UM | S,D | HE 4410 | HE 4410 |
| HE 4442 Environmental Health and Health Education | 3 |  | UM | S,D |  |  |
| HE 4445 Human Sexuality and Health Education | 3 |  | UM | S,D |  |  |
| HE/HCA 4473 Healthcare Strategic Planning and Marketing | 3 |  | UM | S, D |  |  |
| Either HCA 3350 Organizational Behavior in Healthcare |  |  |  | S |  |  |
| Or MGT 3312 Individual and Organizational Behavior  | 3 |  | UM | F,S | Junior Standing and ENGL 1102 |  |
|  Total | 15 |  |  |  |  |  |
| Semester Seven |  |  |  |  |  |  |
| HE 4420 Health Program Planning and Implementation  | 3 |  | UM | F,D | HE 4410 | HE 4410 |
| HE 4443 Substance Abuse and Health Education | 3 |  | UM | F,D |  |  |
| HCA 3384 Human Resource Mgt in Healthcare Organizations | 3 |  | UM | F |  |  |
| Free Electives | 6 |  |  |  |  |  |
|  Total  | 15 |  |  |  |  |  |
| Semester Eight |   |  |  |  |  |  |
| HE 4435 Health Program Evaluation and Research | 3 |  | UM | S,D | HE 4420 |  |
| HE 4490 Practicum in Health Education  | 4 |  | UM | F,S,Su | Senior Standing in HE, instructor permission |  |
| Free Electives | 8 |  |  |  |  |  |
|  Total  | 15 |  |  |  |  |  |
| \*GE=General Education Objective, UU=Upper Division University, UM= Upper Division Major\*\*See Course Schedule section of Course Policies page in the e-catalog (or input F, S, Su, etc.)  |

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| **2017-2018 Major Requirements** | **CR** | **2017-2018 GENERAL EDUCATION OBJECTIVES****Satisfy Objectives 1,2,3,4,5,6 (7 or 8) and 9** | **36 cr. min** |
| **MAJOR REQUIREMENTS** | **63** | 1. Written English (6 cr. min) ENGL 1101 | 3 |
| **Health Education Core** | **21** |  ENGL 1102 | 3 |
| HE 2200 Promoting Wellness | 3 | 2. Spoken English (3 cr. min) COMM 1101 | 3 |
| HE 2221 Introduction to Health Education  | 3 | 3. Mathematics (3 cr. min) MATH 1153 | 3 |
| HE 3340 Fitness and Wellness Programs and HE 3340L Lab  | 3 | 4. Humanities, Fine Arts, Foreign Lang. **(2 courses; 2 categories; 6 cr. min)** |
| HE 3342 Stress and Emotional Health | 3 |  |  |
| HE 4410 Health Behavior Change Theory and Application | 3 |  |  |
| HE 4420 Health Program Planning and Implementation | 3 | 5. Natural Sciences **(2 lectures-different course prefixes, 1 lab; 7 cr. min)** |
| HE 4435 Health Program Evaluation and Research  | 3 | BIOL 1101 and 1101L | 4 |
| **Community/Worksite Health Emphasis**  | **36** |  |  |
| HE 2210 Medical Terminology and Communication  | 2 |  |  |
| HE 3383 Epidemiology | 3 | 6. Behavioral and Social Science **(2 courses-different prefixes; 6 cr. min)** |
| HE 4432 Community and Public Health  | 3 | ECON 2202 | 3 |
| HE 4442 Environmental Health and Health Education | 3 | PDYC 1101 | 3 |
| HE 4443 Substance Abuse and Health Education | 3 | One Course from EITHER Objective 7 OR 8 **(1course; 3 cr. min)** |
| HE 4445 Human Sexuality and Health Education  | 3 | 7. Critical Thinking | 3 |
| HCA/HE 4473 Healthcare Strategic Planning and Marketing  | 3 | 8. Information Literacy INFO 1101 |
| HE 4490 Practicum in Health Education  | 4 | 9. Cultural Diversity **(1 course; 3 cr. min)** |
| Either HCA 3350 Organizational Behavior in Healthcare OR MGT 3312 Individual and Organizational Behavior | 3 |  |  |
| HCA 3384 Human Resource Management in Healthcare Organizations | 3 | General Education Elective to reach 36 cr. min. **(if necessary)** |
| HE Electives | 6 |   |  |
| **Required General Education** | -- |  **Total GE** | **37** |
| BIOL 1101 and 1101L Biology I (counted in GE) | GE Objectives - Catalog Requirements: [*2017-2018 General Education Requirements (PDF)*](https://www.isu.edu/media/libraries/central-academic-advising/pdf-files/gened-requirements/2017-2018-General-Education-Requirements.pdf) |
| INFO 1101 Digital Information Literacy (counted in GE) |
| COMM 1101 Principles of Speech (counted in GE) |  |
| ECON 2201 Principles of Microeconomics (counted in GE) |
| ENGL 1102 Critical Reading and Writing (counted in GE) |
| MATH 1153 Introduction to Statistics (counted in GE) | **MAP Credit Summary** | **CR** |
| PSYC Introduction to Psychology (counted in GE) | Major  | 63 |
| **Additional Required Courses** | **6** | General Education  | 37 |
| ENGL 1107 Professional and Technical Writing  | 3 | Free Electives to reach 120 credits | 20 |
| Either NTD 1139 Consumer Nutrition |  |  TOTAL | 120 |
| Or NTD 2239 Nutrition | 3 |  |
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|  |  |
|  |  | **Graduation Requirement Minimum Credit Checklist** | **Confirmed** |
|  |  | Minimum 36 cr. General Education Objectives (15 cr. AAS) |  x |
|  |  | Minimum 16 cr. Upper Division in Major (0 cr. Associate) |  | x |
|  |  | Minimum 36 cr. Upper Division Overall (0 cr. Associate) |  | x |
|  |  | Minimum of 120 cr. Total (60 cr. Associate) |  | x |
|  |  |  |  |
| **Advising Notes** | ***MAP Completion Status (for internal use only)*** |
|  |  | *Date* |
|  | *Department:*  | 6.27.2016 jb |
|  | *CAA or COT:* | 6.14.2017 jh |
|  | *Registrar:*  |  |
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 Form Revised 4.14.2017