

A Major Academic Plan (MAP) is one way to complete a degree in a set number of semesters. The *example* below is an efficient strategy only. Actual plans for individual students will vary based on advisor recommendations and academic needs. Official Program Requirements including Major, General Education, Elective, and university requirements (see pg.2) are based on Catalog Year.

**Catalog Year 2019-2020**

ITC, Massage Therapy

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Course Subject and Title** | **Cr.**  | **Min.** **Grade** | **\*GE,** **UU or UM** | **\*\*Sem. Offered** | **Prerequisite** | **Co Requisite** |
| Semester One (Prerequisite courses) |
| HO 0106 Medical Terminology | 2 | C- |  | F,S |  |  |
| HO 0111 Introduction to Anatomy and Physiology | 4 | C- |  | F,S,Su |  |  |
| MSTH 0100 Massage Therapy Career Exploration | 2 | C- |  | F,S,Su |  |  |
|  |  |  |  |  |  |  |
|  Total | **8** |  |  |  |  |  |
| Semester Two |
| MSTH 0104 Introduction to Kinesiology | 3 | C- |  | F | Admission to Program |  |
| MSTH 0105 Principles of Therapeutic Massage | 2 | C- |  | F | Admission to Program |  |
| MSTH 0107 Professional Massage Techniques | 6 | C- |  | F | Admission to Program |  |
| MSTH 0121A Massage Therapy Lab I | 1 | C- |  | F | MSTH 0100, HO 0111 | MSTH 0104, 0105, 0107 |
| MSTH 0210 Business Skills for Massage Therapy | 2 | C- |  | F |  |  |
|  Total | **14** |  |  |  |  |  |
| Semester Three |
| HO 0208 Introduction to Pathology | 3 | C- |  | F,S | HO 0111 |  |
| MSTH 0121B Massage Therapy Lab II | 3 | C- |  | S |  | MSTH 0140, 0160 |
| MSTH 0140 Clinical Techniques and Assessment | 4 | C- |  | S |  |  |
| MSTH 0160 Advanced Therapeutic Massage Techniques | 4 | C- |  | S |  |  |
|  Total | **14** |  |  |  |  |  |
| \*GE=General Education Objective, UU=Upper Division University, UM= Upper Division Major\*\*See Course Schedule section of Course Policies page in the e-catalog (or input F, S, Su, etc.)  |

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| **2019-2020 Major Requirements** | **CR** | **GENERAL EDUCATION OBJECTIVES****\*GE Objectives not required for ITC**  | **0 Cr.****Min** |
| **Massage Therapy, ITC - MAJOR REQUIREMENTS** | **36** |   |   |
| HO 0208 Introduction to Pathology | 3 |   |   |
| MSTH 0104 Introduction to Kinesiology | 3 |   |   |
| MSTH 0105 Principles of Therapeutic Massage | 2 |   |   |
| MSTH 0107 Professional Massage Techniques | 6 |   |
| MSTH 0121A Massage Therapy Lab I | 1 |   |   |
| MSTH 0121B Massage Therapy Lab II | 3 |   |   |
| MSTH 0140 Clinical Techniques and Assessment | 4 |   |
| MSTH 0160 Advanced Therapeutic Massage Techniques | 4 |   |   |
| MSTH 0210 Business Skills for Massage Therapy | 2 |   |   |
|  |  |   |
| **Program Acceptance – Pre-Requisite Courses:** |  |   |   |
| HO 0106 Medical Terminology | 2 |   |   |
| HO 0111 Introduction to Anatomy and Physiology | 4 |   |
| MSTH 0100 Massage Therapy Career Exploration | 2 |   |   |
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|  |  |   |   |
|  |  |  **Total GE** | **0** |
|  |  | Undergraduate Catalog and GE Objectives by [Catalog Year](https://www.isu.edu/advising/academic-support/general-education/)  |
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|  |  |
|  |  | **MAP Credit Summary** | **CR** |
|  |  | Major  | 36 |
|  |  | General Education  | 0 |
|  |  | Free Electives  | 0 |
|  |  |  TOTAL | 36 |
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|  |  | **Graduation Requirement Minimum Credit Checklist** | **Confirmed** |
|  |  | Minimum 36 cr. |  |  |
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|  |  |  |  |
| **Advising Notes** | ***MAP Completion Status (for internal use only)*** |
| Prerequisite courses must be completed prior to acceptance into the |  | *Date* |
| Program. | *Department:*  |  |
|  | *CAA or COT:* | TIM 06/17/2019 |
|  | *Registrar:*  |  |
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 Form Revised 1.24.2018